



**Aspiring Champions** of King of Prussia would like to invite you to participate in our NEW fitness program, which now includes YOGA.

#### **Week Night Yoga Class Schedule**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	5:15-6:30PM **		
5:30PM-6:45PM		5:30PM-6:45PM	5:30PM-6:45PM
	6:30-7:45PM**		
7:00PM-8:15PM		7:00PM-8:15PM	

**FREE FOR THE MONTH OF MARCH!**

ASPIRING CHAMPIONS – 970 PULASKI DRIVE – **KING OF PRUSSIA**

610.491.9075 – [BRIAN@ASPIRINGCHAMPIONS.COM](mailto:BRIAN@ASPIRINGCHAMPIONS.COM)

\*\* Classes taught by Laur a DiMarzo [www.yogaforlifebylaura.wordpress.com](http://www.yogaforlifebylaura.wordpress.com)